

# Queensland Race Walking Club Inc.

ABN 59 065 512 712

*Building on a fine tradition of race walking, 71 years in the making.*



March 26<sup>th</sup> 2026

## Australian Team World Athletics Race Walking Team Championships Brasilia, Brazil on 12 April 2026

**Under 20 Women's 10km Race Walk** – Sophie Polkinghorne (NSW), Matilda Webb (NSW), Zoe Woods (NSW)

**Women's Half Marathon Race Walk** – Rebecca Henderson (VIC), Elizebeth McMillen (NSW), Allannah Pitcher (NSW), Olivia Sandery (SA)

**Under 20 Men's 10km Race Walk** – Isaac Beacroft (NSW), John Ronan (WA), Owen Toyne (ACT)

**Men's Half Marathon Race Walk** – Rhydian Cowley (VIC), Timothy Fraser (ACT), Will Thompson (VIC), Declan Tingay (WA), Kyle Swan (VIC)

**Men's Marathon Race Walk** – Mitchell Baker (ACT), Carl Gibbons (NSW)

### Sunday April 12<sup>th</sup>

#### Local Time Our Time

06:45	18:45	W Marathon Race Walk
06:45	18:45	M Marathon Race Walk
07:15	19:15	M 10 Kilometres Race Walk U20
08:15	20:15	W 10 Kilometres Race Walk U20
11:05	23:05	M Half Marathon Race Walk
12:50	00:50	W Half Marathon Race Walk

## 2026 QRWC Winter Road Walk Season Commences

The Queensland Race Walking Club invites all members, past members, new members and the curious to our Sign On at Kalinga Park this Sunday morning. We have just the two race starts this week to keep the meet brief for the club AGM that commences after the meet. We assemble at the picnic table under the pagoda adjacent the car park. It is here you can join the club, enter a race, purchase a club singlet or just ask questions about race walking and the club.

### QRWC Sign-On Day /AGM Sunday March 29<sup>th</sup>

#### Kalinga Park, Clayfield

No points races

8.00am 3km / 5km

8.45am 2km / 1km

9.30am AGM

Our races rely on volunteers so if you can help out officiating, lapscoreing, timekeeping, setting up for the race or packing up it would be greatly appreciated .

**Enter Here**

[QRWC Sign On Day and Annual General Meeting - Qld Race Walking Club - revolutioniseSPORT](#)

**Weekly Race Fees**

**Members \$5**

**Visitors \$10**

Any membership questions please email the Registrar [qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)

## **QUEENSLAND RACE WALKING CLUB INC**

*(Known as RACEWALKING QUEENSLAND)*

### **NOTICE – ANNUAL GENERAL MEETING**

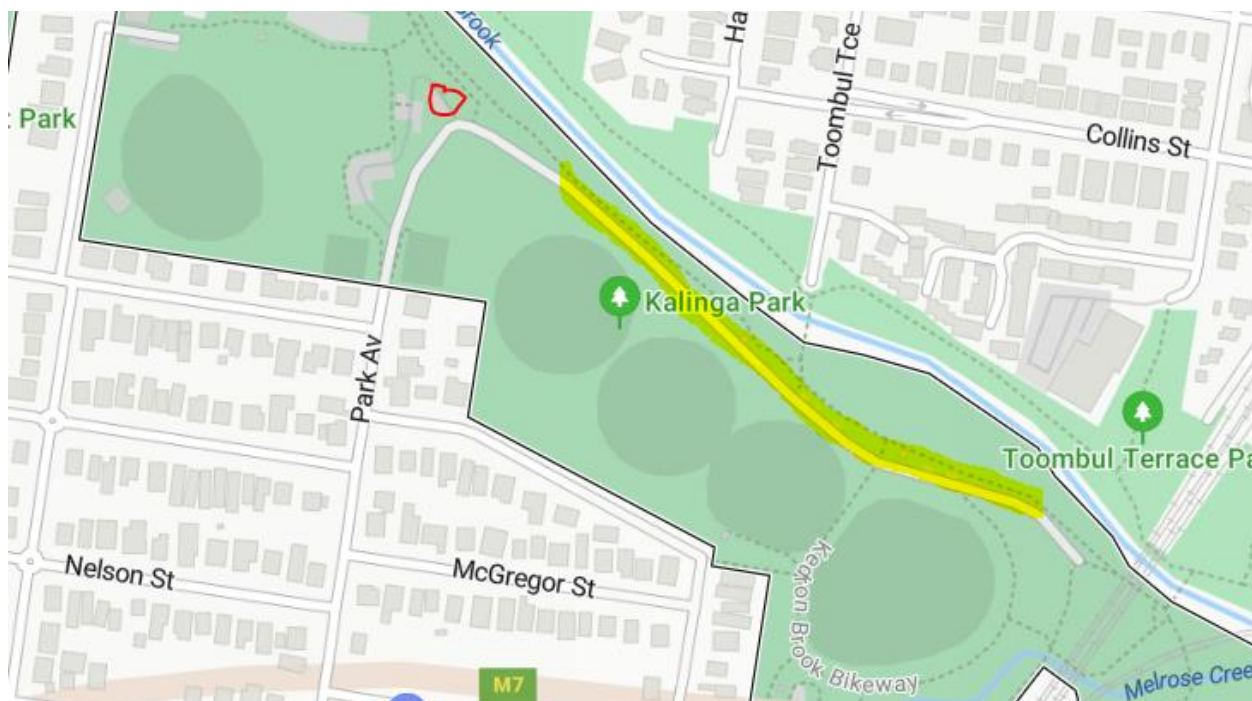
Notice is hereby given that the Annual General Meeting of the Queensland Race Walking Club Inc. will be held at:

**Kalinga Park on Sunday, 29th March, 2026.commencing at 9.30am.**

The Business of the meeting will be

- \* The Receiving and Confirmation of the minutes of the 2025 Annual General Meeting
- \* The Receiving of the Management Committee Report for 2025
- \* The Receiving and Adoption of the Statement of Income and Expenditure, Assets and Liabilities for the financial year
- \* The election of the Officers and other members of the Management Committee
- \* The Appointment of a Patron
- \* The Appointment of a Registrar
- \* The Appointment of an Equipment Officer
- \* The Appointment of a Canteen Convenor
- \* The Appointment of a Newsletter Producer
- \* The Appointment of a Handicap/Results Person
- \* The Appointment of Publicity/ Media Persons
- \* Any appropriate General Business

Nominations have now closed but for any unfilled positions nominations can be taken at the meeting. Please stay on for after the Sign On day races for the QRWC AGM and the election of the new office bearers for 2026. The AGM should not take more than 30 minutes and will be followed immediately after by a General Committee meeting so we invite everyone to stay for this important meeting ..



The **Yellow** line is the 1km loop course along Diggers Rest and the **red** circle indicates the picnic shelter where we set up.

## RESULTS RESULTS RESULTS

### Queensland Little Athletics State Championships

Congratulations to the 2026 LA's State Champions and to all medal winners. Special mention to the super performances by Taylor Chapman 6:36.60 in the Girls U13 1500m & Koby Irvine with 6:07.66 in the U16 Boys 1500m both Queensland Best Performances. There were a number of very close races including the Girls U10 with two hundreds of a second determining first from second. And proving that race walking can be hereditary the bronze medal in that race went to Sophia Watson, the granddaughter of Keith Heness (stalwart masters race walker and coach). Well done everyone.

#### Girls 1100m RW Under 10

- 1 Juliet Sullivan Caloundra 6:09.51
- 2 Lilli Chu Arana 6:09.53
- 3 Sophia Watson Caloundra 6:35.72
- 4 Eliza Park Granite Belt 7:03.78
- 5 Kalea Irvine Gold Coast 7:14.41
- 6 Layla Harmon Ipswich 7:20.68
- 7 Annabelle Ford Maryborough 7:26.08
- 8 Hazel Ellison City North 7:27.59
- 9 Lisa Van Staden Bracken Ridge 7:30.57
- 10 Isabelle Vaughan Roma 7:33.97
- 11 Byllie Mienert Redcliffe 7:38.46
- 12 Daisy Burton Ipswich 7:46.78
- 13 Keeley Hicks Ipswich 8:30.43
  - Mable Watts Mudgeeraba DQ
  - Jessa Reasoner Tweed DQ
  - Eden Nielsen Laidley DNF
  - Charlee Glibbery Caloundra DNS

#### Boys 1100m RW Under 10

- 1 Yoshua Lee Algester 6:12.69
- 2 Xavier Dyer Aspley 6:19.40

- 3 Thomas Lindner Arana 6:52.54
- 4 Jack Tyssen Deception Bay 7:29.47
- 5 Sydney Joseph Paterson Gladstone 7:39.49
- 6 Malachi Ward Strathpine 8:09.56
- 7 Aaden Todd Highfields & Dist. 8:09.86
- 8 Zander Nell Strathpine 8:21.70
- 9 Jed Bruggemann Highfields & Dist. 9:02.64
- 10 Bentley Harth North Rockhampton 10:35.53

### **Girls 700m RW Under 9**

- 1 Charlotte Foster Ormeau 3:50.33
  - 2 Tilly Verse Deception Bay 3:50.52
  - 3 Mikayla Lee Algester 4:06.22
  - 4 Ruby Matthews Toowong Harriers 4:13.20
  - 5 Jayda McKendry Ipswich 4:35.30
  - 6 Cassandre Cohoner City North 4:35.85
  - 7 Jannali Byers Gold Coast 4:47.52
  - 8 Ella Rank Sadik Toowong Harriers 4:48.25
  - 9 Evelyn Hine Toowoomba 4:53.23
  - 10 Alyssa Miers Toowong Harriers 4:53.91
  - 11 Skye McGregor Townsville Central 4:54.91
  - 12 Milly Vicary City North 4:55.00
  - 13 Hadlee Nettle West Bundaberg 5:07.49
  - 14 Evie Dobson Springwood 5:08.23
  - 15 Charlie Gallacher Ross River 5:19.26
  - 16 Amelia Scott Ross River 5:23.64
  - 17 Heidi Appleton Highfields & Dist. 5:24.03
  - 18 Evie Bruggemann Highfields & Dist. 5:32.00
  - 19 Maxwell Guthrie Bargara Dist. 5:32.87
  - 20 Paloma Corallo City North 6:21.34
- Billie Henry Ormeau DQ  
--Zara Pfister Nambour DNS  
--Payton Brown-wade Maryborough DNS

### **Boys 700m RW Under 9**

- 1 Tayo Schroeder Ipswich 4:18.80
  - 2 Alby Negline Gold Coast 4:18.88
  - 3 Jasper Wang Toowong Harriers 4:23.65
  - 4 Hugo Jardine Bli Bli 4:34.65
  - 5 Archer Howse Toowoomba 4:34.87
  - 6 Noah Scott Ormeau 4:41.87
  - 7 Jude Fox Caloundra 4:41.93
  - 8 Liam Young Ormeau 4:52.70
  - 9 Aiden Carrigan Toowoomba 5:03.38
  - 10 Parker Chynoweth Gladstone 5:09.24
  - 11 Archer Dale Arana 5:16.62
  - 12 Isaac Whitaker-Newport Bundaberg 5:33.43
  - 13 Franklin King Nambour 6:10.83
  - 14 Rhys Corr Strathpine 6:44.92
- Monty Black Springwood DQ  
--Dylan Downes Toowong Harriers DQ

### **Girls 1500m RW Under 13**

- 1 Taylor Chapman Caloundra 6:36.60 **QBP**
- 2 Amelia Chisholm Ormeau 7:28.35
- 3 Violet Conway Caboolture 7:58.98
- 4 Ariyah Alchin Toowoomba 8:35.99

- 5 Georgia Brady Deception Bay 9:26.18
- 6 April Kelly Strathpine 9:44.11
- 7 Amelia-Leah Davidson Nambour 9:44.21
- 8 Zyaire Weir Runaway Bay 10:55.20
- 9 Indy-Rose Skinner North Mackay 11:24.49

**Boys 1500m RW Under 13**

- 1 Leo Hyde Mudgeeraba 7:34.54
- 2 Jonathan Myerthall Caloundra 8:05.98
- 3 Caleb Lee Algester 8:10.32
- 4 Luca Georgiou Algester 9:42.66
- 5 Patrick Moxham Granite Belt 10:57.69
- Jok Ayii Toowoomba DQ
- Tommy Menner Caloundra DQ
- Konnor McDiarmid Laidley DQ

**Girls 1500m RW Under 15**

- 1 . ...North Rockhampton 7:29.15
- 2 Hannah McKinnon Arana 8:19.52
- 3 Kiara Waterman Strathpine 8:56.77

**Boys 1500m RW Under 15**

- 1 Cory Lockwood Mudgeeraba 6:43.31

**Girls 1500m RW Under 16**

- 1 Eliza Kelly Strathpine 7:27.27
- 2 Makayla McDonald Ormeau 10:36.93

**Boys 1500m RW Under 16**

- 1 Koby Irvine West Bundaberg 6:07.66 **QBP**

**Girls 1500m RW Under 17**

- 1 Olivia Boulton Gold Coast 7:10.82
- 2 Mia Stewart University Sunshine Cst 7:56.43
- Sarah Draper Runaway Bay DNS

**Girls 1100m RW Under 11**

- 1 Clara Hermus Noosa 5:42.11
- 2 Bella Sansom Deception Bay 5:55.23
- 3 Luna Boyd Gold Coast 6:21.36
- 4 Emilia Field South Burnett 6:46.22
- 5 Zoe Silk Arana 6:46.88
- 6 Ruby Keightley Bargara Dist. 7:11.72
- 7 Elsie Black Springwood 7:31.50
- 8 Stephanie Rankin Laidley 7:41.07
- 9 Billie Jean McCallum Gold Coast 7:49.00
- 10 Alexis Ogle West Bundaberg 7:52.67
- 11 Ava McKinnon Noosa 8:17.00
- Evelyn Templeton Ipswich DQ
- Stella Alexandra Chow Toowong Harriers DNS
- Stasa Jankovic Toowong Harriers DNS

**Boys 1100m RW Under 11**

- 1 Grayson Leggat Algester 5:36.87
- 2 Conor Geagea Toowong Harriers 6:04.70
- 3 Brock Marley Springwood 6:27.57
- 4 Walter Miller Aspley 6:28.48
- 5 Thomas Churchill Centenary 6:30.22
- 6 Tiam Ahwang-Moore Gold Coast 8:20.29
- Leo Georgiou Algester DQ
- Max Matthews Toowong Harriers DQ
- Jacob Duncan Deception Bay DNS

--Archie Catt Tweed DNS

**Girls 1500m RW Under 12**

- 1 Zoe Frost City North 8:15.82
- 2 Indianna Keightley Bargara Dist. 8:24.48
- 3 Nina Trickey Tully 8:28.26
- 4 . ... Arana 9:10.74
- 5 Jessica Gorham Ipswich 9:12.65
- 6 Saoirse Nelis Redlands 9:52.03
- 7 Amelia O'Brien Deception Bay 9:58.77
- 8 Willow Irving Glasshouse 10:16.88
- 9 Lilah Todd Highfields & Dist. 10:17.25
- 10 Elouise Barkle Bargara Dist. 10:49.33
- 11 Sienna Hunter Ipswich 11:06.37
- 12 Chernaya Plummer Caloundra 11:07.36

--Amelia Duhig Tweed DQ

--Sophia Fox Caloundra DQ

--Ruby Heinemann Warwick DQ

--Freya Williams Tweed DQ

--Zoe Peters Gold Coast DNS

**Boys 1500m RW Under 12**

- 1 Lachlan Miers Toowong Harriers 8:01.70
- 2 Jett Irvine West Bundaberg 8:47.70
- 3 Jackson Millar Strathpine 9:11.05
- 4 Austin Griffiths Highfields & Dist. 9:31.82
- 5 Lucas Dyer Aspley 10:09.35
- 6 Henry Pallentine Bribie Dist. 11:02.29

**Girls 1500m RW Under 14**

- 1 Elspeth Hooper Ashmore 7:43.31
- 2 Violetta Boyd Gold Coast 7:47.00
- 3 Charlotte Don Aspley 8:51.06
- 4 Mackenzie Wormald Runaway Bay 9:44.52
- 5 Nataliyah Rooney North Rockhampton 10:23.34

--Grace Waycott Maryborough DNS

**Boys 1500m RW Under 14**

- 1 Leo Ramsay Redlands 7:48.87



**ENTRIES ARE OPEN!**

**ENTER HERE** <https://entermastersgames.com/>

**Road Walk -10km**

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

**Track & Field**

Saturday 7 November Gold Coast Performance Centre

Sunday 8 November Gold Coast Performance Centre

Monday 9 November Gold Coast Performance Centre

*A final program of events including event start times will be available after entries have closed*

## Games Fees

- **\$140 Early Bird** (3 March – 31 May)
- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

## Sports Fees

**Track** \$55 Admin Fee (Includes 1 Event)  
\$25 for each additional event

**10km Road Walk** \$30

# LBG Walking Carnival 2026

Saturday 6<sup>th</sup> & Sunday 7 June 2026



The 59<sup>th</sup> LBG Carnival will be held on Saturday 6<sup>th</sup> & Sunday 7 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete and represent the State. No qualification standards, all ages, all abilities -U10- Masters. Individual, teams and handicap awards. Individual, team and handicap awards on offer.

Please read the information pack for full details in the attachment to newsletter email

## Day 1 – Saturday, 6th June 2026

Please sign up for Saturday sessions via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/345945>

### Session 1 – Racewalking: A Practical Coaching Course for Coaches

**Time:** 9:00am – 1:00pm | **Cost:** \$50 | **Location:** AIS

**For:** All race walking coaches with a current Level 1 or Level 2 coaching qualification.

**Why attend:** This is the first course designed to show qualified coaches how to coach race walking. It focuses on both technical and practical aspects, including:

*Completion is a lead-in to the Level 3 coaching course and contributes credits to the Level 3 Performance Coaching Accreditation.*

**Facilitator:** Mark Donahoo (AFTCA level 5 Racewalking Coach)

### Session 2 – Race Walking Judging Seminar

**Time:** 2:00pm – 3:00pm | **Cost:** \$5 | **Location:** AIS

**For:** New or existing judges. No pre-assumed knowledge required.

**Why attend:** Learn the rules of race walking and what is expected of a race walking judge.

**Facilitators:** Zoe Eastwood-Bryson & Kirsten Crocker (WA Gold Race Walking Judges)

### Session 3 – Coaching Masterclass

David Beacroft, a highly experienced and internationally successful coach from NSW, will conduct two race walking clinics

#### Clinic A – Master the Basics

**For:** Athletes aged 9+ who are new to race walking or want help with basic technique.

**Time:** 2:00pm – 2:45pm | **Cost:** \$5

#### Clinic B – Race Walking Masterclass

**For:** Experienced race walkers looking to refine their technique for high performance.

**Time:** 3:00pm – 3:45pm | **Cost:** \$15 | **Location:** AIS

## Day 2 – Sunday, 7th June 2026

### Morning Session

- 7:30am: Events 1 & 2 (Open Men's & Women's Marathon)

Events 3 & 4 (Open Men's & Women's Half Marathon).

# Note: 5-hour time cut-off applies.

- 11:30am: Events 5 & 6 (Under 20 Men's & Women's 10km)  
Events 7 & 8 (Masters / Fitness Men's & Women's 10km).
- 12:30pm: Presentations for Morning Events.

### **Afternoon Session**

- 1:00pm: Events 9 & 10 (Under 10 Boys & Girls 1km)
- 1:15pm: Events 11 & 12 (Under 12 Boys & Girls 2km)
- 1:40pm: Events 13 & 14 (Under 14 Boys & Girls 2km)
- 1:45pm: Presentations – Under 10 (1km)
- 2:00pm: Events 15 & 16 (Under 16 Men's & Women's 3km)
- 2:10pm: Presentations – Under 12 (2km)
- 2:30pm: Events 17 & 18 (Under 18 Men's & Women's 5km)  
Events 19 & 20 (Masters / Fitness Men's & Women's 5km)
- 2:40pm: Presentations – Under 14 (2km)
- 3:00pm: Presentations – Under 16 (3km)
- 3:20pm: Events 23 & 24 (Open Men's & Women's 5km)  
Events 25 & 26 (Under 20 Men's & Women's 5km).

# Note: 40-minute time cut-off applies.

- 4:00pm: Presentations – Under 18 (5km) & Masters/Fitness (5km)
- 4:10pm: Presentations – Open 5km & Under 20 5km

## **Entries**

**Entries close at 6pm on Friday 29 May 2026.** Late entries will not be accepted.

Capital Athletics athletes will enter via the CA online entry portal

<https://www.capitalathletics.au/events/list/>

All other competitors must complete an online entry via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/342804>

This applies to both race walks and fitness walks.

## **Event Entry Fees**

Marathon \$50

All CA championship events \$30 (Via CA portal)

RWA events \$25 Competitors may enter up to 3 events

Entry fees are non-refundable.

## **Uniforms**

All Race Walking Australia competitors **MUST** wear the uniform of their Club. Failure to do so may result in disqualification.

**For your QRWC uniform go to [Shop - Qld Race Walking Club - revolutioniseSPORT](#)**

## QRWC Winter Road Walk Season

### Rules of Race Walking

*There are two basic rules in Race Walking:*

- *Contact: The athlete must never have both feet off the ground at once.*
- *Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.*

**NEW.** This year the QRWC has been offered the exciting opportunity to conduct the **Qld All Schools Race Walks** at one of our programmed Handicap meets. This will allow race walkers another opportunity to compete as last year it was just part of the QA Road Walk Championships. The Committee is currently looking at dates, distances and a venue.

Suggested distances under consideration:

Under 20 10,000 Metre Race Walk

Under 18 5000 Metre Race Walk

Under 16 3000 Metre Race Walk

Under 14 3000 Metre Race Walk

Under 12 2000 Metre Race Walk

Under 10 1000 Metre Race Walk

## COMING EVENTS

### QRWC Handicap #1 Sunday April 12<sup>th</sup>

**Aurora Park, Expedition Drive, North Lakes**

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

### Handicap #2 Sunday April 26<sup>th</sup>

**Logan River Parklands, Blackbird Street, Beenleigh**

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

### Handicap #3 Sunday May 3<sup>rd</sup>

**John Walker Place, Brisbane Corso, Yeronga**

8.00am A Grade 10km

8.15am E Grade 1.5km

F Grade 1km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

### 18th Annual Gold Coast Road Walk Championships

**Sunday May 31st Mudgeeraba**

8.00am Open M/W 10km

8.05am U10 M/W 1km

U8 M/W 0.5km

8.15am U20 M/W 5km

U18 M/W 5km  
Invitational M/W 5km (non-championship event)  
8.45am U16 M/W 3km  
U14 M/W 2km  
U12 M/W 2km

## **Queensland Athletics Road Walk Championships**

**Sunday July 12<sup>th</sup>**

**Brisbane International Cycle Park, Murarrie Recreation Reserve**

## **UniSC Athletics Winter Carnival**

**August 2<sup>nd</sup> Sippy Downs**

- Event medalling age groups / distances:
- 8 years - 700mW
- 9/10 years - 1100mW
- 11/12 years 1500mW
- 13/14 years - 1500mW
- 15/16 years - 1500mW
- U14, U16, U18,U20, OPEN, Masters - 3000mW

## **QRWC Handicap Meets and Points**

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.

An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

## **QRWC Membership**

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2026. These athletes are all set for entering winter road walk competitions and the QA Road Walk Championships. So, no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

**QRWC Membership Fee \$25.00** ((club fee on top of Qld Athletics membership)

## 2026 - Queensland Race Walking Club Season Pass

The Queensland Race Walking Club Season Pass is a convenient way to save money and not have the worry about paying race fees with your entry each week.

The Season Pass, at a cost of \$75, enables an athlete to compete in up to 16 club meets a season (10 x handicaps, Sign On Day, club road championships, club track championships, Gold Coast Championships, Postal Challenge, & relays). This Pass does not cover QA, AA, QLA or QMA Championships, Federation carnivals or any other event that is not a Queensland Race Walking Club meet.

The Pass can be purchased via [QRWC RevSport Shop](#).

### How it works:

1. When you purchase a Season Pass, the Registrar will get a notification from the [QRWC RevSport Shop](#) via email.
2. The Registrar will then set up an individual discount code with the appropriate details, for each person that buys the pass.
3. An email will then be sent to the applicant with their individual discount code.
4. Once you have the code you can enter it at the check-out when you enter a race.

### Note:

- The system is not automatic so please allow a day or two when you purchase a Pass to receive your discount code.
- When you enter a race, you will get to the check-out screen and it will charge you \$5, then when you enter your discount code in the field, it will reduce your race fee by 100% (i.e., \$5) so that there is a zero charge. You then will not be prompted to go to the payment screen.
- The pay as you go facility is still available to those that want to register for a race and pay their \$5 each week
- As an alternative to the Season Pass a 5 Race Pass is also now available. The 5 Race Pass costs \$25. There is no saving with this pass but it will eliminate the need to go into the separate payment screen when registering for an event. It should also help those members who have a \$10 minimum purchase with their credit card.
- Please email the Registrar ([qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)) if you have any questions or concerns.
- **For the first race meet of the season please purchase your pass first and allow time to receive the code before you enter the race.** After you have the code, it is just a matter of entering the race each week and keying in the discount code.

### **“L” Grade for those new to racewalking**

Would you like to be a competition race walker but just not confident enough at the moment to fully put yourself out there on race day? You can now test yourself and build up your confidence during our Sunday morning winter road walk meets.

Just register as a club member and enter the distance you would like to do. It is important though that you let us know if you wish to be in “L” grade as our handicapper & race officials all need to be aware of this. Please email club Secretary & Handicapper Noela McKinven if you wish to have a go at race walking as an “L” grader at [noelarhoda@gmail.com](mailto:noelarhoda@gmail.com)

In “L” Grade the following will apply

- Receive feedback from judges and coaches
- Will not be disqualified while in “L” grade.
- Stay in “L” grade until you feel comfortable enough to enter handicap races.
- Is for all ages.

- Eligible for starting and finishing points

If you have any questions please ask. It will be important to remember to inform the Handicapper (before a race) if you no longer wish to be an “L” grade walker and want to compete in a Handicap race (for points).

## **DRAFT CALENDAR**

Subject to change

MONTH	DATE	EVENT	VENUE
March	20-22	QLAA State Championships	QSAC
	<b>29</b>	<b>QRWC Sign On Day/AGM</b>	<b>Kalinga Park</b>
April	5	Easter Sunday	No competition
	<b>12</b>	<b>QRWC Handicap #1</b>	<b>North Lakes</b>
	12	WA Race Walk Team C/Ships	Brazil
	13-14	ALAA Track Championships	Brisbane
	15-20	AA Junior Track Championships	Brisbane
	22-24	UniSport Championships	Runaway Bay
	<b>26</b>	<b>QRWC Handicap #2</b>	<b>Beenleigh</b>
May	<b>3</b>	<b>QRWC Handicap #3</b>	<b>Yeronga</b>
	<b>10</b>	<b>Mother's Day</b>	<b>No club competition</b>
	<b>17</b>	<b>QRWC Handicap #4</b>	<b>TBC</b>
	19-22	Oceania Athletics Championships	Darwin
	<b>24</b>	<b>QRWC Handicap #5</b>	<b>TBC</b>
	<b>31</b>	<b>Gold Coast Road Walk C/Ships</b>	<b>Mudgeeraba</b>
June	<b>7</b>	<b>LBG Federation Meet</b>	<b>Mt Stromlo Canberra</b>
	<b>14</b>	<b>QRWC Handicap #6</b>	<b>TBC</b>
	<b>21</b>	<b>QRWC Handicap #</b>	<b>TBA</b>
	<b>28</b>	<b>QRWC Handicap #</b>	<b>TBA</b>
July	5	Gold Coast Marathon	Southport
	<b>12</b>	<b>QA Road Walk Championships</b>	<b>Murarrie</b>
	<b>19</b>	<b>RWA Postal Challenge</b>	<b>Beenleigh</b>
	<b>26</b>	<b>QRWC Handicap #</b>	<b>TBA</b>
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	<b>2</b>	<b>UniSC Athletics Winter Carnival</b>	<b>Sippy Downs</b>
	8	WA U20 Championships	Oregon USA
	9	<b>QRWC Track Championships</b>	<b>UQ St Lucia</b>
	16	<b>QRWC Handicap #</b>	<b>TBA</b>
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	<b>23</b>	<b>AA Junior Road Walk C/Ships</b>	<b>Ballarat</b>
September	6	Father's Day	No club competition
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

**Blue Cards**

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator [bluecardqrwc@gmail.com](mailto:bluecardqrwc@gmail.com)*

## **QRWC Uniforms**

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

## **2026 National Junior Athletics Championships QSAC Brisbane**

### **April 13 – 14 Australian Little Athletics Championships**

#### **Draft walks programmer**

#### **Monday 13<sup>th</sup> April**

9.30am Girls U13 1500m Walk

9.50am Boys U13 1500m Walk

11.10am Girls U12 1500m Walk

11.30am Boys U12 1500m Walk

### **April 15 – 20: Australian Athletics Junior Championships**

#### **Thursday 16<sup>th</sup> April**

10.00am 3000m Race Walk U14 Men

10.00am 3000m Race Walk U14 Women

5.25pm 5000m Race Walk U17 Women

5.25pm 5000m Race Walk U18 Women

#### **Friday 17<sup>th</sup> April**

11.15am 5000m Race Walk U17 Men

11.15am 5000m Race Walk U18 Men

#### **Monday 20<sup>th</sup> April**

10.55am 3000m Race Walk U15 Women

10.55am 3000m Race Walk U16 Women

11.45am 3000m Race Walk U15 Men

11.45am 3000m Race Walk U16 Men

# 2026 Oceania Athletics Championships

## Darwin May 2026

### Tuesday 19 May

10:25am Masters Men 3,000m Race Walk  
Masters Women 3,000m Race Walk

### Friday 22 May

7:00am Masters Women 5000m Racewalk  
Under 18 Women 5000m Racewalk  
Under 20 Women 5000m Racewalk  
8:00am Masters Men 5000m Racewalk  
Under 18 Men 5000m Racewalk  
Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

Note: The 10,000m Walk Oceania Championships will be conducted at a different venue and time, with further information to be provided to Federations in early 2026.

The Open team will be operated by Australian Athletics, while the U18 team will be run by Queensland Athletics.

## Important Masters Meets in 2026/27

### 2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

### 2027 Oceania Masters Athletics Championships



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January, 2027, at Ngā Puna Wai Athletics track, Christchurch, New Zealand. Registration will open on Sun AUG 30th and close on Sun DEC 13th – no late entries will be accepted. NOTE: All fees and items will be in NZ\$

- Date: January 27 – 31, 2027
- Venue: Ngā Puna Wai Sports Hub Christchurch NZ
- Entries open in August 2026

### 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.

[Perth 2027 | Australian Masters Athletics Championships](#)

## **Racewalking Queensland Management Committee 2025/26**

**President:** P Bennett

**Vice President:** J Blackburn

**Secretary:** N. McKinven

**Treasurer:** Vacant

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper:** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media:** P Chadwick

**Results:** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer:** Ignacio Jimenez & Noela McKinven

**Canteen Convenor:** R Wales, J Dale

**Blue Card Co-ordinator:** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

**Vice Captains:** Mia Bergh, Kai Dale

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

**About us** *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.

We value your input.